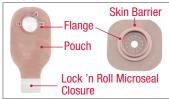
### **Two-Piece Pouching System**

### Collect Supplies



Gather pouch, skin barrier, disposal bag, tissue and/or cloth for cleaning, and water. Optional: scissors, pen, measuring guide, and/or accessories.

## Remove Used Pouching System



Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch and skin barrier. Do not flush down toilet.

## Clean and Dry Skin



Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

## Check Condition of Skin



Check to make sure the skin around your stoma (peristomal) is intact without irritation, rash or redness.\*

\*Contact your WOC/NSWOCC nurse if you notice irritation, rash or redness

## Prepare the Skin Barrier and Pouch



Measure the stoma using a stoma measuring guide before every barrier application (if using a pre-sized barrier opening, go to step 7).

# 5

Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.



Remove the release liner from the skin barrier.

#### Add Paste or Rings If Needed



If appropriate, apply a barrier ring or thin bead of paste around the opening following the instructions for use.

## Apply the New Pouching System



Center the skin barrier opening over the stoma in a diamond shape. For tape bordered barriers, remove the backing paper on both sides and press adhesive against the skin.



Apply gentle pressure to the skin barrier for about a minute for best adhesion.



Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and the skin barrier flange.

Press the two flanges together. A series of "clicks" will confirm you are doing it correctly. No more "clicks" means the pouch is secured.



Close bottom of pouch. If using a drainable pouch, close the **Lock** 'n Roll microseal closure at the bottom of the pouch or apply a pouch clamp. Refer to the *Lock 'n Roll Microseal Closure Care Tip* for more information on how to use this closure system.



If using a urostomy pouch, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch.

If desired, apply the cap provided in the box.

### **Two-Piece Pouching System**

### **TIPS** LIST OF PRODUCTS STOCK NO The skin around your stoma should not show any **Two-Piece Pouching System** signs of rash or sores Skin barrier Irritated skin should be evaluated by a healthcare Pouch professional **Accessories** • If using a barrier ring or paste, apply it to the sticky side of the skin barrier next to the stoma opening Barrier rings as directed Ostomy belt Your stoma will probably be swollen after surgery. It may take several weeks or months for the stoma to Paste shrink to its permanent size Lubricating deodorant • The stoma may bleed slightly when you clean it Stoma powder The use of skin protective wipes are not recommended under extended wear skin barriers Other\_\_ as they may decrease wear time Additional Instructions

Skin should be clean and dry before applying the skin barrier.

WARNINGS: Reuse by reprocessing, cleaning, disinfection, and sterilisation (sterilization) may compromise the product. This may result in odour (odor) or leakage. Ensure proper fit as instructed. If the barrier opening is incorrect or leakage occurs, skin damage may occur (e.g., irritation, broken skin, rash, or redness). This may decrease wear time.

Notes: Skin barriers: To help ensure proper adhesion, apply to clean, dry intact skin. Do not use oils or lotions. These products may interfere with adhesion. Frequent removal of a Flextend skin barrier in a short period of time (e.g., multiple times a day) may result in skin damage. Product fit is affected by many factors such as stoma construction, stoma output, skin condition, and abdominal contours. Pouches: Excess mucus from a urostomy stoma maycause the pouch to drain slower than expected.

Contact a stoma care nurse or healthcare practitioner for help with the ostomy pouching system or skin irritation. In case of serious injury (incident) in relation to your use of the product, please contact your local distributor or manufacturer, and your local competent authority. For more information, see www.hollister.com/authority or contact EC Rep or local distributor.

C € Not all products are CE marked.

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